



WESTERN UNIVERSITY

Obstetrics and Gynecology

What are you looking for specifically in an impressive candidate?

All individuals who are interested in Women’s Health are encouraged to apply. We value candidates who are collegial, motivated and diverse in their interests, and those with strong communication skills.

What is your residency program’s orientation and focus?

The focus of our program is to enable residents to gain the necessary skills and experience to become competent, confident, and caring OBGYNs. Residents will acquire a strong foundation in core obstetrical and gynecologic skills. Obstetrically, residents are exposed to and gain experience in forceps-assisted vaginal deliveries, breech vaginal deliveries, and high-risk obstetrics. We have a strong surgical gynecology program, through which residents become competent in vaginal, laparoscopic, and open hysterectomies, along with many other classic and minimally invasive gynecologic procedures.

What is the availability of experiences in subspecialty areas during training?

We are fortunate to have subspecialists in all areas: MFM, REI, oncology, urogynecology, laparoscopic surgery, colposcopy, pediatric gynecology. We also have training available in family planning (Pregnancy Options Program) which includes contraception, and hands on training performing both medical and surgical abortions.

How is your residency program organized?

PGY1	PGY2	PGY3	PGY4&5
<ul style="list-style-type: none"> • Transition to discipline (2 blocks) • Labor and delivery (2 blocks; first block is buddied with PGY3) • General gynecology (2 blocks) • Pregnancy options program (1 block) • Ultrasound (1 block) • General surgery (2 blocks) • Internal medicine (2 blocks) • Emergency medicine (1 block) 	<ul style="list-style-type: none"> • Labor and delivery (5 blocks) • General gynecology (2-3 blocks) • Maternal fetal medicine (1-2 blocks) • Gynecology oncology (1-2 blocks) • ICU (2 blocks) • Research (1 block) 	<ul style="list-style-type: none"> • Labor and delivery (4 blocks) • General gynecology (2-3 blocks) • Maternal fetal medicine (1-2 blocks) • Community ObGyn (2 blocks) • Urogynecology (1 block) • Gynecology oncology (1-3 blocks) • Research (1 block) 	<ul style="list-style-type: none"> • Obstetrics chief (2 blocks) • General gynecology chief (4 blocks) • Gynecology oncology chief (3 blocks) • REI (3 blocks) • Maternal fetal medicine (3 blocks) • Urogynecology (1 block) • Colposcopy (1 block) • Senior clinic rotation (2 blocks) • Selectives (3 blocks) • Electives (3 blocks)

What is the typical day in the life of a resident?

The typical day will depend on whether you are on a gynecologic service or on obstetrics. If you are on labour & delivery (LD) or general gynecology, the day will start at 6:30AM when residents receive handover from the night team. Evening handover occurs at 5PM. As the gynecology resident, you will attend ORs and carry the consult pager during the day. The ORs typically run from 8AM to 3PM or 6PM. Clinics run from 9AM to 4PM. As a LD resident, you will be managing labouring patients and seeing patients that come to the obstetrical triage. You will also be the primary operator for caesarean sections.

What is the on-call schedule during each year of residency?

We have a combined night float and 24-hour call system. Night float runs from Monday to Thursday (5PM-7:30AM). Friday, Saturday and Sunday follow a 24-hour call system. On call, there are two junior residents (each managing their own team – both a mix of high and low risk). One junior resident also carries the gynecology pager and takes consults. There is a senior resident in-house acting as the chief for both teams, who also covers the gynecology oncology pager. We also have a graduated call system, where on average you will do less call as you progress through each year of residency.

What distinguishes the Western OBGYN program from other programs?

- Favorable staff to resident ratio (30 residents and ~35 consultants)
 - Organic mentorship as the staff and residents get to know each other well
- Clinicians who are proficient in forceps assisted vaginal deliveries and breech vaginal deliveries
- Well-rounded surgical training
 - All types of hysterectomy (vaginal, laparoscopic and abdominal)
- Training out of a single center
 - Good relationships with allied health, nurses, co-residents
- Resident team room stocked with snacks
- Obstetrical simulation center, with active simulation training (2 sessions per year)
- Buddy call system for the PGY1 residents (buddied with PGY3)
- Minimal fellows (fellows in Maternal Fetal Medicine and Urogynecology)
 - More surgical training and exposure for the residents

What distinguishes your city from others?

London is a mid-sized city in Southwestern Ontario that is suitable for a young family or single resident. The cost of living here is quite reasonable with attractive real estate opportunities. It is a short drive to Toronto and Detroit (International Airports!). We have well-maintained scenic bicycle trails along the Thames River and there are two beaches close by. In the winter, there are opportunities for winter sports including cross-country and downhill skiing, outdoor/indoor skating, etc.

PROGRAM DIRECTOR: Dr. Yvonne Leong

RESIDENTS: 6 per year

QUESTIONS? Get in touch with our PA or some of our residents



www.schulich.uwo.ca/obs gyn/



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